

## Crossword By Eugene Sheffer

**ACROSS**

1 ... words  
 were never spoken

6 Provincial duct

12 Alibi

13 Strip up

14 Harmless

15 ... some?

16 F.I.O.

22 Nostalgic

24 Muller

27 Low-ph...

29 I can't

32 Library

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36 European capita

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**DOWN**

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Solution time: 27 mins.

Yesterday's answer key collection

# Odds & Ends

## Products great for sunny days

At the Sun-Gazette, we often receive product samples and press releases from companies promoting their new and unusual items. We thought we'd tell you about some of these new products in the hopes that one of these "odds and ends" will be right for you or someone you know.



**AriZona Rescue Water** — AriZona Beverage Co. has released this new line of waters, which are filled with a proprietary blend of Twinlab vitamins and antioxidants. The entire line features AriZona's classic green tea extract for an antioxidant-packed base.

Flavors include:

- The L-Theanine, green tea extract and lemon balm extract in the Berry Blend work in harmony to help the body deal with daily stressors and relax.

- The Lemon-Lime formula is designed to provide a boost in energy. With a blend of guarana extract, green tea extract and natural caffeine, this beverage intends to enhance endurance and fuel focus.

- Orange Citrus' blend is meant to help the body to detox by supporting liver function and replenishing the body with necessary nutrients like Alpha Lipoic Acid, green tea extract, milk thistle extract and L-Glutathione.

- By combating free radicals with a blend of Arabinogalactin, green tea extract and elderberry extract the Pomegranate Punch is designed to support immunity.

The RESCUE Water line shares the health benefits that come from drinking a beverage made with no preservatives, no artificial colors and no artificial flavors. Furthermore, RESCUE Water is sweetened with Reb A, a natural sweeten-

er that comes from Stevia plants and contains zero calories, so each beverage boasts only 25 calories per 8-ounce serving.

AriZona's RESCUE Water is available in 20.5-ounce PET bottles, which are made by Constar and feature new DiamondClear oxygen scavenging technology. This technology protects the product within from oxygen, which can degrade the quality of the beverage and impair the nutrients inside. The suggested retail price starts at \$1.39.

For more information, visit [www.drinkarizona.com](http://www.drinkarizona.com).

**Kelo-cote Spray** — Scar formation is a natural part of the healing process that occurs when a wound closes following accidents, surgery or disease. Over the past 20 years, strong evidence has indicated silicone's effectiveness for scar treatment and abnormal scar prevention. Silicone has, therefore, become the gold standard for physicians.

The Kelo-cote patented formulation is the most clinically tested form of all silicone and scar management products, with more than 1,800 patients enrolled in published clinical studies. These studies have proven the efficiency of the unique mode of action of Kelo-cote, which is the only product that binds to the skin surface providing 20 hours of protection and treatment.

Kelo-cote rapidly dries to form a gas-permeable, flexible and waterproof

sheet. The sheet forms a bond with the outer layer of dead skin cells, forming a protective layer against chemical, physical and microbial invasion while assisting with hydration. This creates an environment that allows the scar to mature through normalized collagen synthesis cycles and improves the physiological and cosmetic appearance of the scar.

Kelo-cote is safe, well-tolerated and is suitable for use on all skin types, including children and patients with sensitive skin.

Typical scars ideal for Kelo-cote Spray includes:

- Tummy tuck scars;
- Bi-lateral breast reconstruction;
- Brachioplasty;
- Irregular trauma scars;
- Caesarian sections;
- Belt lipectomy.

A 50-milliliter spray bottle retails for \$49.95 and a 6-gram tube is \$26.95. Kelo-cote products are available at [www.kelocote.com](http://www.kelocote.com).

**Blamtastic Luscious Lip Balm** — The Sandler sisters created this lip balm because they really care about what kids put on their lips. They made sure Blamtastic Lip Balm was made with only the finest ingredients available and they use it every day.

Blamtastic is made in the United States with no petroleum. The company does not allow animal testing and each balm contains SPF 15.

Proceeds from the sale of Blamtastic for girls and



guys help various causes, including St. Jude's Children's Research Hospital, The Humane Society of the United States and the Children of Fallen Soldiers Relief Fund.

Girl's flavors include Wow Wow Watermelon, Oh My Grape and Strawberry Shake, while flavors for guys are Brain Squeeze Sour Cherry, Radioactive Lemon Lime and Grand Slam BLAM Bubble Gum.

The balms, as well as the Blamtastic Lip BLAM Sleeve to carry the tubes, are \$2.99. Products are available at [www.blamtastic.com](http://www.blamtastic.com).

### ANNIE'S MAILBOX

## Lonely without her



**Dear Annie:** I am a 56-year-old male and have been married to the love of my life for 33 years. The last 16 have been hard on her. She underwent chemo twice, had both breasts removed and, five years ago, had a hysterectomy. She can no longer take hormone replacement therapy.

She is now 56, and her libido is zilch. She says she is willing to start taking hormones again so our love life will return, but she fears the cancer may come back. Annie, I would rather have her than not, but no sex apparently also means no contact.

I would never cheat on her, but I need to feel her next to me. I need to hold her. We can have other forms of sex, but we rarely do. I sometimes go half a year without intimacy of any kind. If I bring it up, it starts a fight.

I have tried romancing her and being extra nice and helpful, but still nothing. We've seen a therapist, who suggested other things she can do, but she refuses. When I want to cuddle, she pushes me away. She tells me she feels lonely at times, but I do, too.

I hate to say it, but there are times when I look at other women. I feel like I'm dying of thirst in the desert, but when offered a nice glass of water, I'm not allowed to drink. What am I supposed to do?

— Lonesome

**Dear Lonesome:** Try to cut your wife some slack. She's had a rough time, and sex is not high on her list of priorities. She also may suffer from a poor body image. She cannot work up any interest in intimacy and doesn't want to risk arousing you by cuddling. Still, there are things she can do to improve your sex life, and she should be willing to make the effort for the sake of your marriage. Gently suggest that she contact the American Cancer Society Reach to Recovery program ([cancer.org](http://cancer.org)) with someone who understands.

**Dear Annie:** The letter from "Son of a Portly Pop" prompted me to write to an advice columnist for the first time in my 50 years. Please tell him to look into Overeaters Anonymous ([oa.org](http://oa.org)).

Three years ago, I lost 70 pounds, and it has given me a new life. In addition to the weight, my high blood pressure and high cholesterol went away. I gained the courage to go back to school and am halfway through a graduate degree that I never dreamed of before. As a bonus, I have met wonderful friends.

If "Son" can get "Pop" to an OA meeting, he will find support, acceptance and compassion.

— John

**Dear John:** Congratulations. We hope "Pop" sees your letter and takes the first step in getting his health back.

## Bridge results

Following are the highest-scoring players in the area bridge games reported to the Sun-Gazette:

### Yarborough Bridge Club

May 20, Average: 40, Marie and Joe Koch, 49; Ann Day and Marty Weaner-Shipton, 46; JoAnn Hester and Herb Stratton, 45; Doris Winner and Nancy Baker, 43.

### Woman's Club Duplicate

April 20: Doris Winner and Barbara Johnstone, 25; Joan Hester and Joann Castlebury, 20; Mary Bennardi and Mary Capovic, 19; Pam Bentley and Luvob Ostrovsky, 16.

All bridge results must be received in writing by the Sun-Gazette Lifestyle editor at least five days in advance of the day of publication.

None will be accepted by telephone.

E-mailed results will be accepted at [life@sungazette.com](mailto:life@sungazette.com).

## Community corner

### New farmers market begins

SALLADASBURG — Cohick's Trading Post will host a weekly farmers market each Tuesday beginning at 7 a.m. from June through October.

Fresh fruit, vegetables and other goods will be available in the parking lot. Daily breakfast and lunch specials, as well as Cohick's homemade ice cream, will be available inside.

Vendors interested in setting up a booth may do so free of charge, without

reservation, but space is available on a first-come, first-serve basis.

For more information, contact Beth McClain at 398-7466.

### Sewing center plans classes

The following classes will be held at Strobel's Sewing Center, 201 Basin St.:

- Capri sewing class with instructor Pat Kane, 10 a.m. to 12:30 p.m. Tuesday.
- Sit-N-Sew class with seamstress Dawn Myers,

noon to 5 p.m. June 4, 11 and 18.

- Jane A. Stickle replica, 6 to 8:30 p.m. June 7 and 21.

- Embroidery 101 with instructor Marianne Mullinix, 10 a.m. to noon June 8.

- Disappearing Nine Patch Class with instructor Linda Strobel, 10 a.m. to 3 p.m. June 15.

- Designer Grocery Bag class with instructor Linda Strobel, 10 a.m. June 29.

For more information, or to register for any of the upcoming classes, call 322-7774.

**JANRIC CLASSIC SUDOKU**

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).

Rating: GOLD

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			6	7				
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	8			7		6		
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			5			8	2	

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5	4	9	8	2	1	3	7	6
7	2	8	3	4	6	1	9	5
3	7	5	2	8	9	4	6	1
4	6	2	1	7	3	8	5	9
9	8	1	6	5	4	7	2	3